

# OPERATION SANDWICH

**How to Guide**

# OPERATION SANDWICH

In October, 2020, people at Calvary UMC joined with Central UMC to help make lunches for neighbors who were food and housing insecure in Arlington.

Once a week since then, 40 lunches are prepared and delivered to be distributed.

Your participation in this effort is critical for those who are in need in our community.

APPROXIMATE COST AND TIME  
COMMITMENT FOR 40 LUNCHESES

SHOPPING FOR SUPPLIES:

1 HOUR

GROUP ASSEMBLY/CLEAN UP/DELIVERY:

2 HOURS

SANDWICH FIXINGS: \$40

OTHER LUNCH/SNACK ITEMS: \$100-\$120

# HOW TO MAKE THE LUNCHES

EACH ASSEMBLED BAG WILL INCLUDE  
1 COOKIE/SWEET, 1 CHIP,  
1 FRUIT, NAPKIN AND UTENSIL  
1 BOTTLED WATER (CAN ALSO BE SEPARATE)  
(SANDWICHES ARE KEPT  
SEPARATE TO REFRIGERATE)

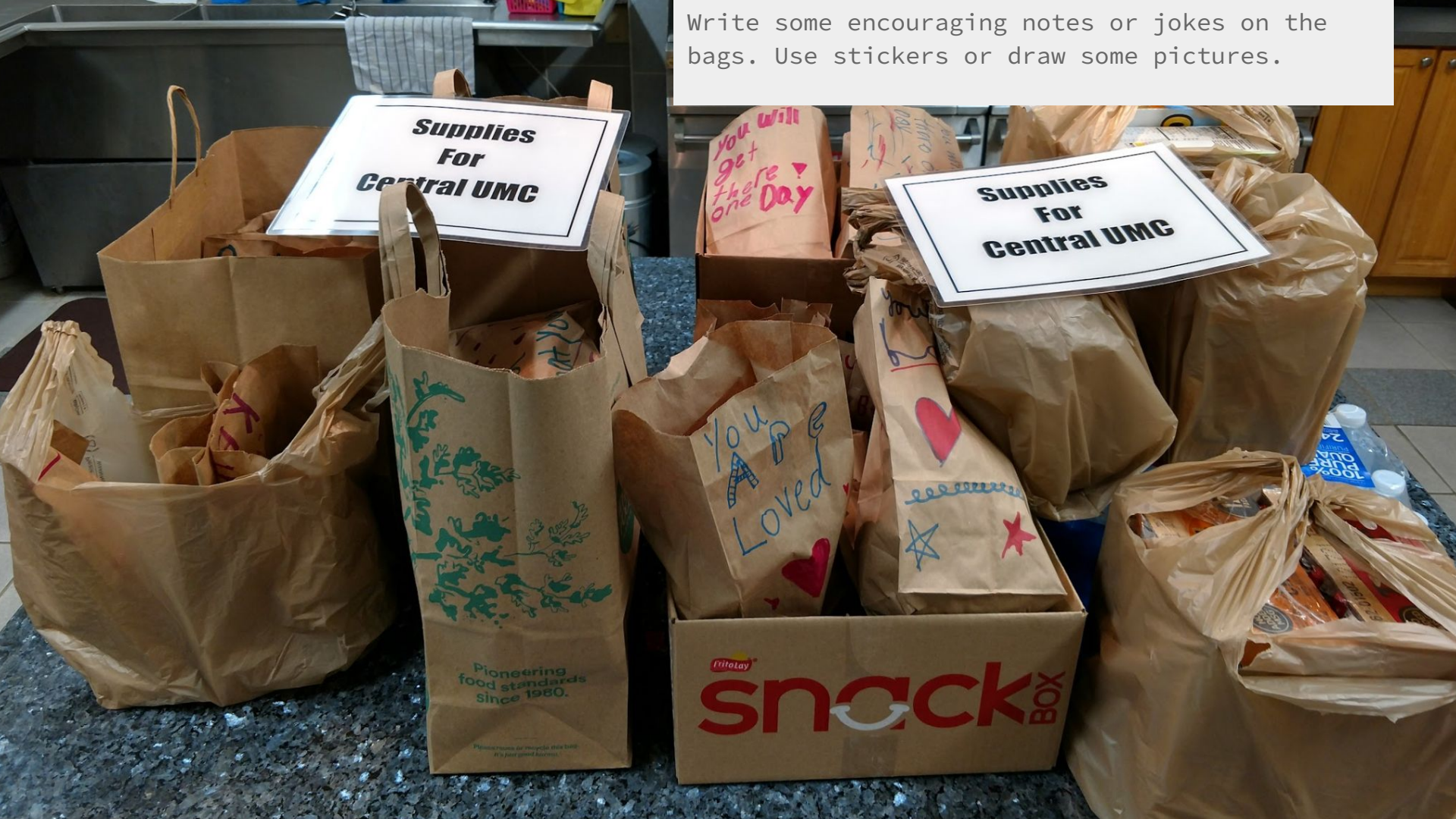


EASY, FUN, HELPFUL  
EXCELLENT TEAM BUILDING  
AND COOPERATION FOR ALL  
AGES.

BUILD THE SANDWICHES. PUT THEM IN ZIPLOCK BAGS.



Write some encouraging notes or jokes on the bags. Use stickers or draw some pictures.



**Supplies  
For  
Central UMC**

You Will  
get  
these  
one Day

**Supplies  
For  
Central UMC**

You are  
Loved

I love you

**snack BOX**

Pioneering  
food standards  
since 1980.

Please reuse or recycle this bag.  
It's just good karma.





Assemble the bags and put them in boxes. Bring the completed lunches to Calvary's kitchen. Lunches will be distributed by other volunteers

SCAN TO SIGN UP  
FOR A DATE



OR EMAIL

[FAMILYMINISTRIES@CALMETH.ORG](mailto:FAMILYMINISTRIES@CALMETH.ORG)